

Dear Parents,

Northville Mustang Baseball Camps will provide Baseball Players ages 7-14 years of age the opportunity to develop and enhance their baseball fundamentals and learn to play the Mustang Way!

Baseball Regards,

Coach Kostrzewa



Liability Waiver and Medical Coverage Acknowledgement

Please read and sign below: I certify that it is with my full knowledge and consent that my child named above may take part in the Northville High School Baseball Programs. I release their coaches, their volunteers and their players from liability for injuries or damages which my child may sustain while participating in this activity, even if the injuries or damages are caused by the sole negligence of the Northville Public Schools, the Northville Baseball Programs, their coaches, volunteers, or players.

I UNDERSTAND I AM RESPONSIBLE for the medical coverage for my child

Parent Signature: _____

Date: _____

Parent Cell Phone: _____

Insurance Carrier: _____

NORTHVILLE MUSTANG

3rd annual Spring Training Baseball Camp



“Building a Winning Tradition”

Saturday March 27th - Hitting Camp

9 a.m. – 12:00 p.m.

Registration: 8:30 a.m.

Sunday March 28th - Pitching/Defense

9 a.m. - 12:00 p.m.

Registration: 8:30 a.m.

Cost for each session:

Register by March 18th: **\$45.00**

At the door: **\$50.00**

Cost includes a Camp T-shirt.

LOCATION: NHS Baseball Field
(Will be moved inside for bad weather)

Meet the Mustang Staff

John Kostrzewa: 6th yr. Head Varsity Coach

- District Coach of the Year 2006, 2007 and 2009
- District Champs 2006 and 2009
- Division and Conference Championships 06,07,08,09
- 140-28 NHS Varsity record
- 3 year catcher at Western Michigan University and 1 year pitcher at University of Kentucky
- Precision Baseball Instructor

Bill Flohr: 6th yr. Assistant Varsity Coach

- 1 year catcher at Ferris State University
- 3 year catcher at Western Michigan University
- 1 year head Freshman coach at Plymouth High School
- Owner of Precision Baseball

Jason McDonald: 3rd yr. Asst. Varsity Coach

- 4 year infielder at Eastern Michigan University
- Played 2 years of Independent Professional Baseball

Brian Gasidlo: 2nd yr Asst. Varsity Coach

- 4 year Starter at Hillsdale College
- 1 year Asst. Graduate Coach

Brendan Buckley: 2nd year JV Head Coach

- 21-4 his first season in 2009

Bill Richards: 6th yr. Freshman Head Coach

- 100+ wins in first 5 years as Head Coach



Hitting Camp: Saturday March 27th 9 a.m.-12:00 p.m.

Hitting Camp Highlights

- Short Toss
- Batting Practice
- Form Swings and Mechanics
- Tee Work
- Bunting
- Base Running
- Cage Hitting
- Demonstrations from Northville Varsity Players

Pitching/Defensive Camp: Sunday March 28th 9 a.m. - 12:00 p.m.

Pitching/Defensive Camp Highlights

- Grips
- Bullpen Throwing
- Fielding
- Infield/Outfield, Catching Drills
- Strength

Equipment

Campers must bring their own glove, bat, batting helmet, spikes, tennis shoes, and athletic cup.

Catchers bring their own gear.

Camp Form:

Name: _____

Address: _____

Phone: _____

Email: _____

Age/Gender: _____

School: _____

Position: _____

Session: Sat. March 27th: _____

Sun. March 28th: _____

Please Circle T-Shirt Size:

Youth M	Youth L	Adult S
Adult M	Adult LG	Adult XLG

Please Make All Checks Payable to:
NHS Baseball

Mail to: Northville High School
Attn: John Kostrzewa
45700 W. Six Mile Road
Northville, Michigan 48168